

Most Holy Body and Blood of Christ - June 18, 2017

Intentions - June 18 - For a good recovery from surgery of **Monique Richardson**, requested by Monique and Fred Beaupre.

Offertory Collection

June 04 - \$1,004.90

June 11 - \$ 426.10

Works of the Holy Father - \$139.95 Thank You



June 19

Saint Romuald Founder and Abbot (906-1027)

In the tenth century Sergius, a nobleman of Ravenna, quarreled with a relative over an estate and, in a duel to which his son Romuald was witness, slew him. The young man of twenty years was horrified at his father's crime, and entered a Benedictine monastery at Classe to do a forty days' penance for him. This penance led to his entry into religion as a Benedictine monk.

After seven years at Classe, Romuald went to live as a hermit near Venice, under the guidance of a holy man who had him recite the Psalter from memory every day. When he stumbled, the hermit struck his left ear with a rod. Romuald suffered with patience, but one day, noting that he was losing his hearing in that ear, asked the old man to strike him on his right ear. This episode supposes great progress in virtue. The two religious were joined by Peter Urseolus, Duke of Venice, who desired to do penance also, and together they led a most austere life in the midst of assaults from the evil spirits.

Saint Romuald, whose aim was to restore the primitive rule to the Order of Saint Benedict, succeeded in founding some hundred monasteries in both Italy and France, and he filled the solitudes with hermitages. The principal monastery was that at Camaldoli, a wild, deserted region, where he built a church, surrounded by a number of separate cells for the solitaries who lived under his rule; his disciples were thus called Camaldolese. For five years the fervent founder was tormented by furious attacks by the demon. He repulsed him, saying, "O enemy! Driven out of heaven, you come to the desert? Depart, ugly serpent, already you have what is due you." And the shamed adversary would leave him. Saint Romuald's father, Sergius, was moved by the examples of his son, and entered religion near Ravenna; there he, too, was attacked by hell and thought of abandoning his design. Romuald went to visit him; he showed him

the error of the devil's ruses, and his father died in the monastery, in the odor of sanctity.

Among his first disciples were Saints Adalbert and Boniface, apostles of Russia, and Saints John and Benedict of Poland, martyrs for the faith. He was an intimate friend of the Emperor Saint Henry, and was revered and consulted by many great men of his time. He once passed seven years in solitude and total silence. He died, as he had foretold twenty years in advance, alone in his monastery of Val Castro, on the 19th of June, 1027, in an advanced and abundantly fruitful old age.

By the life of Saint Romuald, we see how God brings good out of evil. In his youth Saint Romuald was much troubled by temptations of the flesh; to escape them he had recourse to hunting, and it was in the woods that he first conceived his love for solitude. His father's sin prompted him to undertake a forty days' penance in the monastery, which he then made his permanent home. Some bad examples of his fellow-monks induced him to leave them and adopt the solitary mode of life; the repentance of a Venetian Duke brought him his first disciple. The temptations of the devil compelled him to lead his severe life of expiation; and finally, the persecutions of others were the occasion of his settlement at Camaldoli, mother house of his Order.

Sources: *Little Pictorial Lives of the Saints*, a compilation based on *Butler's Lives of the Saints* and other sources by John Gilmary Shea (Benziger Brothers: New York, 1894); *Les Petits Bollandistes: Vies des Saints*, by Msgr. Paul Guérin (Bloud et Barral: Paris, 1882), Vol. 2. **St. Romuald**



Today's Gospel Reflection: Jesus said to them, "Amen, Amen I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven.



A word or smile is often enough to put fresh life in a despondent soul.

- Saint Thérèse of Lisieux

West Carleton Food Access Centre: When you grocery shop this week, please remember the West Carleton Food Access Centre.



Volunteers Needed for Garden

Volunteers needed with the watering of the church gardens. Please contact Martine if you are available for at least one week this sum-



St. Gabriel's Annual Church Picnic

Join us after Mass next Week.

Hotdogs & Hamburgers will be sold on site.



The Constance Bay Community Market has returned to St. Gabriel's lawn and run every second Saturday from 8-2 until August 26 when it will switch to every Saturday during the month of September and close on September 30. St. Gabriel's will have their Heavenly Pies bake table to raise money for the church and the social action fund during these markets.

We are in need of bakers: If you're not a baker, please consider donating money for the bakers to purchase supplies. See Suzanne Lee after mass or call 832-8063 to discuss how you can help with this important fundraiser. If you can commit to all 10 markets, that would be ideal. **We also need help with manning the booth** from 8:00am -11:00am or 11:00am - 2:00pm. Drop by the market and enjoy "bacon on a bun" prepared by St. Gabriel's parishioners!

Prayers for the Sick. Please pray for the sick among our families and friends, especially Gerry Borris, Raymond Cameron, Colleen Campbell, Patricia Cassidy, Christine Fraser, Mary Jardine, and Richard Vollmer. *The names will remain on the list until we are otherwise advised.*



Happy Father's Day