

Intentions - July 02 - For the Parishioners of St. Gabriel Parish.

Intentions are \$15.00

Offertory Collection

June 25 - \$732.25

Work of the Holy Father +\$5.00

Famine "Special Collection" - \$262.70 Thank You

Summer Bulletins: There will only be one more bulletin in July and one bulletin for August. Submissions must be received as follows:

- For July - no later than 6:00 pm Thursday July 06.
- For August - no later than 6:00 pm Thursday August 03.

July 06



Saint Maria Goretti: Maria Goretti, a patron of young women, was born near Ancona, Italy, in 1890. Her parents were poor farm workers, and her father died while she was still a child. When Maria was 12, she rebuffed the advances of an 18-year old neighbor, Alessandro, who threatened to kill her if she did not submit to him. Enraged by Maria's refusal, Alessandro stabbed her several times. Maria died on July 6, 1902, having forgiven him.

Alessandro was sentenced to 30 years in prison. After his release, he sought - and received - forgiveness from Maria's mother. Both he and Maria's family lived to see her canonized in 1950 by Pope Pius XII for her defense of Christian virtue.

Prayers for the Sick. Please pray for the sick among our families and friends, especially Gerry Borris, Raymond Cameron, Colleen Campbell, Patricia Cassidy, Christine Fraser, Mary Jardine, and Richard Vollmer. *The names will remain on the list until we are otherwise advised.*



Today's Gospel Reflection: The heart of the paschal mystery is dying and rising. Our own daily living can sometimes seem to have much more dying than rising. Even setting aside the issue of consciously choosing self-sacrifice, just the simple demands of our lives pull it out of us: feeding the infant in the middle of the night, ferrying the kids to soccer, helping with the homework when we are dog tired, cleaning the house and preparing meals, taking time to share some good thing with a spouse, calling and visiting an aging parent, helping the suffering and the poor. One of the great encouragements of this Sunday's gospel is that all this behavior—like giving "a cup of cold water"—may seem small to us, but to God they are actions that correspond to those of Christ. The message is that our generosity is far surpassed by God's generosity. (Living Liturgy, p.188)



West Carleton Food Access Centre: When you grocery shop this week, please remember the West Carleton Food Access Centre. They are in need of canned salmon, canned flakes of ham or chicken, canned fruit and canned pasta noodles. Please check the expiry dates, as the Food Bank cannot accept expired cans.



Volunteers Needed for Garden

Volunteers needed with the watering of the church gardens. Please contact Martine if you are available for at least one week this summer.

Roast Beef Dinner (September 16)

We are looking for donations, volunteers to help prepare veggies, for setup, assistance during the event and cleanup. Please contact Marine Messier (613) 832-4415.



Peacefully do at each moment what at that moment ought to be done. If we do what each moment requires, we will eventually complete God's plan, whatever it is. We can trust God to take care of the master plan when we take care of the details.

- Saint Katharine Drexel

The Constance Bay Community Market has returned to St. Gabriel's lawn and run every second Saturday from 9-2 until August 26 when it will switch to every Saturday during the month of September and close on September 30. St. Gabriel's will have their Heavenly Pies bake table to raise money for the church and the social action fund during these markets.

We are in need of bakers: If you're not a baker, please consider donating money for the bakers to purchase supplies. See Suzanne Lee after mass or call 832-8063 to discuss how you can help with this important fundraiser. If you can commit to all 10 markets, that would be ideal. **We also need help with manning the booth** from 8:00am -11:00am or 11:00am - 2:00pm. Drop by the market July 15th, 29th and August 12th and enjoy "bacon on a bun" prepared by St. Gabriel's parishioners!

Pilgrimage to the Shrine of St. Ann, Cormac: With Most Rev. Christian Riesbeck, CC and Most Rev. Michael Mulhall. Evangelical Hearts. Thurs., July 27-Sat., July 29, 7:00 p.m. Sun., July 30, 11:00 a.m. outdoor Mass & 2:00 p.m. Mass for the sick with anointing. Info: (613-628-2020); (www.cormacpilgrimage.com). Transportation: Sun. July 30, a coach bus leaving Ottawa from the Greenboro and Baseline Park & Rides will arrive in time for the 11:00 a.m. Mass and leave after the 2:00 p.m. Mass. Cost: \$40/person. RSVP to Ashley Hillyer by Fri. July 21 by email (preferred) ahillyer85@gmail.com or 613-733-8962.

Lord, prepare me to be a sanctuary, pure and holy, tried and true, with thanksgiving I'll be a living sanctuary for you.

Televised Daily Mass

The televised Daily Mass from Loretto Abbey Chapel in Toronto may be viewed on Vision TV (Channel 261 on Bell) from **Monday to Friday at 8 am and 12-noon**, and at **8 am on Saturday**. Also on Channel 651 at 3:00 p.m..

Pope's Intentions for the Month of July

Lapsed Christians - That our brothers and sisters who have strayed from the faith, through our prayer and witness to the Gospel, may rediscover the merciful closeness of the Lord and the beauty of the Christian life.