

Third Sunday of Ordinary Time, January 26, 2025

Intentions:
Jan 26 - In loving memory of **Roger St. Martin**, requested by Avelina Bercades.
Mass Intentions: \$15.00

Offertory Collection
Jan 12 - \$564.25
Jan 19 - \$470.60 Thank You

January 28



Saint Thomas Aquinas: Saint Thomas Aquinas is one of the greatest minds in the history of the Church. He was born near Aquino, Italy about 1225. From an early age he posed questions of great theological depth; his family sent him at the age of five to be educated by the Benedictines in Monte Cassino. While his family was pious, they did not approve when 19-year-old Thomas joined the newly formed Dominicans, going so far as to imprison Thomas in the family castle. Once released, he studied in Italy and Germany, where, ironically, some of his classmates named this great thinker “the dumb ox,” a name which prompted his teacher, Albert the Great, to proclaim: “ We call him the dumb ox, but in his teaching he will one day produce such a bellowing that it will be heard throughout the world.”

With Albert, he developed the theological Scholastic method, which dominated Catholic teaching for centuries. A prodigious writer, his most famous work is the *Summa Theologica*, one of the greatest examples of theological thought ever composed. Many of his hymn texts, such as *Pange lingua*, *Tantum ergo* and *Adore te devote*, are still used today.

A man of towering intellect, Thomas was also a humble mystic. He died in 1274, was canonized in 1323, and declared a Doctor of the Church in 1567. In 1880, he was proclaimed a patron saint of universities and schools.

“Love takes up where knowledge leaves off.”
~ Saint Thomas Aquinas

Prayers for the Sick. Please pray for the sick among our families and friends, especially Fran Bernard, Roy Campbell, Patricia Cassidy, Bridget Floysvik, Chris Kelly, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*



Gospel Reflection: We would guess that Jesus introduced a long, pregnant pause, before he said what the synagogue people could hardly expect: “*Today, this Scripture is being fulfilled in your hearing.*” We are still in the time when the scroll has been set aside, when all eyes turn to Jesus, and there is a pregnant pause. Now we—our own lives—fill the meaning of the pregnant pause. We can do so because, like Jesus, in our baptism we also have been anointed with the Spirit. And so, we are called to look for the poor, captive, blind, and oppressed among us. We don’t have to look very far! “Today this passage has been fulfilled” is now true only when we ourselves respond to those around us who need a nourishing, strengthening, joyful word. (Living Liturgy, p.46)

Vincentian Meditation: In light of Vincent’s regular practice of taking the imitation of Jesus Christ as the model of behavior, the saint, in Jesus’ manner, chose the words of this Gospel: “He has sent me to bring good news to the poor,” as the motto of his life and ministry. Jesus modeled doing before teaching. Accordingly, Vincent noted that Jesus first integrated “fully into his life every type of virtue.” That was his preparation, after which our Lord, then went on to teach, by preaching the good news of salvation to poor people, and by passing on to his apostles and disciples what they needed to know to become guides for others. As followers of Vincent, we must imitate Christ the Lord, first...imitate his virtues and then we can go out in service to the poor. (Melito, St. Vincent -Windows on His Vision, p. 45)



2024-2025 Sunday Missals are available at the rear of the church. Suggested donation is \$7.00.



Intentions Book:
You are invited to write your prayer requests in our special intentions book in the back of the church - as many and as often as you like. It is important that we verbalize in some form, our desire before God.

THE WHITE LIE CAKE

I was to bake a cake for the coffee Sunday, but forgot to do it until the last minute. At the last moment I found an angel food cake mix & quickly made it while drying my hair, and dressing. When I took the cake from the oven, the center had dropped flat and the cake was horribly disfigured. This cake was important to me because I want to fit in at my new church. So, being inventive, I looked around the house for something to build up the center of the cake. I found a roll of toilet paper . I plunked it in and then covered it with icing. It looked perfect. And, before I left the house to drop the cake by the church and head for work, I woke up my daughter and gave her some money and specific instructions to be at the bake sale the moment it opened at 9:30 and to buy the cake and bring it home. When my daughter arrived at the sale, she found the attractive, perfect cake had already been sold. She grabbed her cell phone & called me. I was horrified. Everyone would know! What would they think? I would be ostracized, talked about, ridiculed! All night, I lay awake in bed thinking about people pointing fingers at me and talking about me behind my back. The next day, I promised myself not to think about the cake and would attend the fancy luncheon/bridal shower at the home of a fellow church member and try to have a good time. I did not really want to attend because the hostess was a snob who more than once had looked down her nose at the fact that I was a single parent and not from the founding families of Constance Bay, but having already RSVP'd, I couldn't think of a believable excuse to stay home. The meal was elegant, the company was definitely upper crust West Carleton and to my horror, the cake in question was presented for dessert! I felt the blood drain from my body when I saw the cake! I started out of my chair to tell the hostess all about it, but before I could get to my feet, the Mayor's wife said, "what a beautiful cake!" I, still stunned, sat back in my chair when I heard the hostess (who was a prominent church member) say, "Thank you, I baked it myself." I smiled and thought to myself, "God is good."


West Carleton Food Access Centre
The Food Bank is open to all West Carleton Residents year-round. It provides up to 4 - 5 days of food once a month, including fresh food. The Food Access Centre is located at 5670 Carp Road, Kinburn, ON, on the lower level of the West Carleton Community Complex.
Office Phone: (613) 832 - 5685
Email: WCfoodaid@gmail.com

Pastoral Directory

Baptisms: Father Anthony Nwaohiri 623-3419
 Financial Council Chair: Janne Campbell 832-4290
 Pastoral Council Chair: Martine Messier 808-4573
 Mass Intentions & Bulletin: Marilyn Deslauriers 222-3762
 Pastoral Care: Suzanne Lee 832-8063
 Advertising Ministry: Lorraine Brisson 832-3351
 Deacon James Kubina
 Cover Photo: Mark Brisson

EMERGENCY: anwaohiri@gmail.com For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

West Carleton Food Access Centre: (WCFAC) Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. Thank you for your support.




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All Welcome



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 Web: <http://www.stgabrielparish.ca>

Deacon James Kubina jgkubina@gmail.com

Weekly Eucharist

St. Gabriel's (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass Saturday 4:00 pm Mass
 Sunday 9:00 am Mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

StMStG-Live

Confessions and Sacrament Of the Sick are also available by request.
 Please contact Fr. Anthony directly to book an appointment.

Pastoral Directory on inside flap