


Intentions:
Feb 09 - In loving memory of **Gerald Lee**, requested by Suzanne and Ludo.
Mass Intentions: \$15.00

Offertory Collection
Jan 26 - \$551.00
Feb 02 - \$865.35 Thank You

February 10

Saint Scholastica: Scholastica was the twin sister of Saint Benedict, the founder of Western monasticism, and she was the leader of a women's community likely located near Benedict's monastery at Monte Cassino. What little is known about her life is found in Saint Gregory the Great's book, the second *Dialogue*, which is an account of her brother's miracles. She died about 543 and was buried in Benedict's tomb, where he joined her in death soon after. She is the patron of nuns - especially Benedictines - and convulsive children.

Pope's Intentions for the Month of February:
For vocations to the priesthood and religious life. Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

 **Prayers for the Sick.** Please pray for the sick among our families and friends, especially Fran Bernard, Roy Campbell, Patricia Cassidy, Bridget Floysvik, Chris Kelly, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

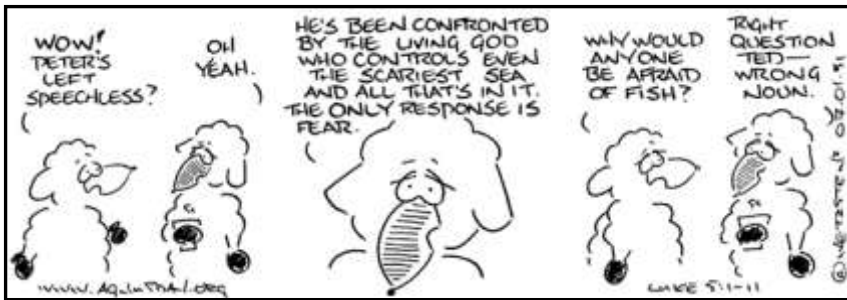
West Carleton Food Access Centre
The Food Bank is open to all West Carleton Residents year-round. It provides up to 4 - 5 days of food once a month, including fresh food. The Food Access Centre is located at 5670 Carp Road, Kinburn, ON, on the lower level of the West Carleton Community Complex.
Office Phone: (613) 832 - 5685
Email: WCfoodaid@gmail.com

"Love takes up where knowledge leaves off."
~ Saint Thomas Aquinas



Gospel Reflection: Jesus' power manifested in the great catch of fish brings Peter to confess his sinfulness. But the story does not stop with the confession of unworthiness, but continues with Peter who then "left everything and followed him." The appearance of God always reveals our own sinfulness, but God's focus is elsewhere—on our call and our mission. God sees humanity as created to be good, as persons who can choose to respond to God's call and fulfill the mission God gives. If we look for "large catches of fish" we will miss God's message. The gospel invites us to look to the simple manifestations of holiness that indicate the presence of God, for example, in the generosity of so many volunteers, in the faithfulness of husbands and wives, in the unselfishness of parish workers, in the uncomplaining suffering of the sick, in the gracious wisdom of the elderly. The "yes" response to our call is to imitate these good behaviors and by so doing we extend God's reign. (Living Liturgy, p.54)

Vincentian Meditation: The holiness of St. Vincent and of each one of us in the last analysis is a gift of God. The holiness of a saint is a sharing in the holiness of God Himself, and we recognize holiness when we see the fruits of the Holy Spirit in the life of a person. The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control. (McCullen, Deep Down Things, p.316)



Intentions Book:
You are invited to write your prayer requests in our special intentions book in the back of the church - as many and as often as you like. It is important that we verbalize in some form, our desire before God.



Exposition of the Blessed Sacrament held at St. Michael's Parish only: You are most welcome to join us Wednesday mornings, with exposition at 8:00 am and Mass at 9:00 am

2025 Jubilee Year: A Celebration of Hope and Renewal

The year 2025 marks a significant milestone in the Church's calendar - the Jubilee Year. This special year is a time of great joy, forgiveness, and celebration, and is rooted in the Hebrew tradition. The word "Jubilee" comes from the Hebrew word yobel, which means horn. In the Hebrew tradition, every 50th year was set aside for the return of absent members to their households, the restoration of land to its owners, the release of Hebrew slaves, and the forgiveness of debts (Leviticus 25:10).

This tradition continued in Christianity, with Pope Boniface VIII proclaiming the first Christian jubilee in 1300. He declared that the jubilee will grant the full remission of sin for those who confessed their sins and made a pilgrimage to St. Peter's Basilica in Rome. Initially the Church celebrated jubilee years every 100 years. This was eventually shortened to every 50 years and then every 25 years. 2025 jubilee year began in Rome on 24th December 2024 and local dioceses on Holy family 29th December 2024 and will end at local dioceses on 28th December 2025 and in Rome January 6th 2026. As Pope Francis so eloquently puts it, "In the heart of each person, hope dwells as the desire and expectation of good things to come, despite our not knowing what the future may bring." (Spes Non Confundit) The Jubilee Year is a powerful reminder of the importance of hope in our lives and offers us a unique opportunity to renew our hope, to forgive and be forgiven, and to grow closer to God and to one another.

During this Jubilee Year, we are called to action. We are called to be signs of hope in the world, to work towards peace, to care for the poor, the sick, and the marginalized. We are called to be patient, to trust in God's goodness, and to wait with hope for the fulfillment of his promises.

One of the unique opportunities of the Jubilee Year is the chance to gain plenary indulgences for the forgiveness of sins. This can be done by making a pilgrimage to Rome or the Holy Land, participating in Eucharistic adoration and meditation, performing spiritual and corporal works of mercy, and praying for the Pope, the Church, and all those participating in the jubilee celebration.

As we celebrate the 2025 Jubilee Year, let us arise and shine, for God's favours are upon us. As the prophet Isaiah reminds us, "Arise and shine for God's favours are upon you" (Isaiah 60:1). May this Jubilee Year be a time of great joy, forgiveness, and celebration for all of us.


Blessings... Father Anthony

Pastoral Directory

Baptisms:	Father Anthony Nwaohiri	623-3419
Financial Council Chair:	Janne Campbell	832-4290
Pastoral Council Chair:	Martine Messier	808-4573
Mass Intentions & Bulletin:	Marilyn Deslauriers	222-3762
Pastoral Care:	Suzanne Lee	832-8063
Advertising Ministry:	Lorraine Brisson	832-3351
Deacon James Kubina		
Cover Photo:	Mark Brisson	

EMERGENCY: anwaohiri@gmail.com For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

West Carleton Food Access Centre: (WCFAC) Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. Thank you for your support.




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All Welcome



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Web: <http://www.stgabrielparish.ca>

Deacon James Kubina jgkubina@gmail.com

Weekly Eucharist

St. Gabriel's (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass	Saturday 4:00 pm Mass
	Sunday 9:00 am Mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

StMStG-Live

Confessions and Sacrament Of the Sick are also available by request.
Please contact Fr. Anthony directly to book an appointment.

Pastoral Directory on inside flap