

4th Sunday of Easter, 11 May, 2025

Intentions:
May 11 - In loving memory of **Clarence Cassidy**, requested by Linda Cassidy and family..
Mass Intentions: \$15.00

Offertory Collection
May 03 - T.B.A. Thank You


May 13

Our Lady of Fatima: This title was given to the Blessed Virgin Mary after she appeared to three shepherd children in Fatima, Portugal, between May 13 and October 13, 1917. The three messages or “secrets” of Fatima stress the importance of repentance, conversion of heart, and dedication of Our Lady, especially through daily prayer of the Rosary.

May 14

Saint Matthias: The Acts of the Apostles (1.15-26) tells us that Matthias was chosen after the resurrection to replace Judas. Peter, quoting a psalm, told the 120 people gathered that they must choose a new apostle; someone who had been with them from the time of the baptism of the Lord until the resurrection, someone who could join them in bearing witness to these events. Two names were put forward and the assembly cast lots, the lot falling to Matthias.

Pope’s Intentions for the Month of May
For working conditions: Let us pray that through work, each person might find fulfillment, families might be sustained in dignity, and that society might be humanized.

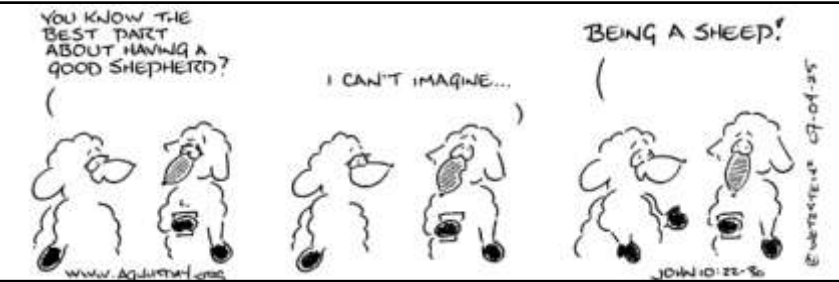
 **Prayers for the Sick.** Please pray for the sick among our families and friends, especially Roy Campbell, Patricia Cassidy, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

Bulletin Bloopers
Next Thursday there will be tryouts for the choir. They need all the help they can get.

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

Gospel Reflection: In many parishes, this is called “Good Shepherd Sunday” where we reflect on Jesus’ care and assurance as we listen to the words “No one can take them out of my hand.” We are called to hear the voice of the Good Shepherd and follow him. We follow first by listening. Hearing Jesus—heeding his voice—is already an act of following. This is a good Sunday to bask in Jesus’ care and protection, listen to his voice calling us to his loving, embracing hands, and rejoice in the goodness showered upon us who are faithful to his call. *(Living Liturgy, p.120)*

Vincentian Meditation: It is not so much what sheep do, nor even what the shepherd does, that the key to understanding the message of Jesus is to be found. It is rather on the quality of the shepherd that we must center our attention: on his heart and mind rather than on his functions. Think of the occasions when our Lord spoke of the shepherd. The shepherd is one who protects; one who searches; one who speaks and calls the sheep by name. The image was a favorite one of our Lord, because it conveyed to His hearers the idea of one who cares and who does not take flight when danger threatens. The shepherd protects, searches, and speaks. This is what Jesus did. Given St. Vincent’s sensitivity to fulfilling the will of God in the smallest details of his life, he might well ask us: Do you consistently search out the Will of God, not only in the crisis points of your life, but day by day and hour by hour do you listen to hear his voice? *(McCullen, Deep Down Things, p. 731)*



Administrator's Corner

The Gifts of the Holy Spirit Series: Understanding
The second gift of the Holy Spirit is **Understanding**, a gift closely related to Wisdom and Knowledge, yet distinct in its own nature. St. Bernard of Clairvaux eloquently described Understanding as “the sure and clear knowledge of some invisible thing.” This divine gift allows us to delve into and truly grasp the profound truths of the Catholic faith. It goes beyond mere intellectual reasoning or academic learning. As St. Augustine beautifully stated, “Understanding is the reward

of faith. Therefore, seek not to understand that you may believe, but believe that you may understand.” Faith opens our hearts to a deeper comprehension of God’s will and plan for us.
We can seek this gift through prayer, asking God for wisdom and spiritual insight. Studying the Scriptures—the revealed word of God—also helps us reflect on His divine truth. Jesus Himself affirmed this in Matthew 11:25-26: “I praise You, Father, Lord of heaven and earth, because You have hidden these things from the wise and learned and revealed them to little children. Yes, Father, for this is what You were pleased to do.” Seeking guidance from spiritual leaders, meditating on God’s presence, and practicing humility by acknowledging our limitations all nurture our ability to receive this gift.
This sacred gift helps us contemplate God’s unfailing love for each of us and discern how the Holy Spirit is actively working in our daily lives. It empowers us to serve the Lord by building His kingdom on earth. Through Understanding, we can better recognize our God-given talents and determine how best to use them in service to faith, justice, and evangelization.
Understanding also strengthens our relationships:
With God – It deepens our faith, trust, and intimacy in our relationship with Him.
With our neighbors – It fosters empathy, compassion, and kindness, allowing for better communication.
Within our community – It promotes unity, cooperation, and a spirit of service.
A beautiful example of Understanding in action was seen during last week’s First Communion ceremony. Various ministries in our parish graciously stepped aside to allow the young children from our school, guided by their dedicated teachers, to take an active role in worship. The children sang at Mass, acting as hospitality ministers, and touched each worshipper’s heart in a unique way. They also led the readings and organized a pew-to-pew collection of donations. This collaboration between the parish and school demonstrated the beauty of community and God’s love at work.
By embracing the gift of Understanding, we cultivate deeper and more meaningful relationships—with God, our neighbors, and our community. Let us seek this gift with open hearts and trust in God’s wisdom.
Prayer
Come, Holy Spirit, pour upon us Your gift of Understanding. May we be blessed with an intimate knowledge of the Divine Will of the Father and the Son. Guide our thoughts, words, and deeds so that we may always align our lives with Your holy purpose. Amen.




Pastoral Directory

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Deacon James Kubina		
Cover Photo:	Mark Brisson	

EMERGENCY: anwaohiri@gmail.com For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

West Carleton Food Access Centre: (WCFAC) Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. **Thank you for your support.**




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All Welcome



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Weekly Eucharist

St. Gabriel's (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass	Saturday 4:00 pm Mass
	Sunday 9:00 am Mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

StMStG-Live

Confessions and Sacrament Of the Sick are also available by request.
Please contact Fr. Anthony directly to book an appointment.

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