



**Intentions:**

**June 13** - For the parishioners of St. Michael and St. Gabriel parishes.

**June 15** - In loving memory of **Teresita Bercades**, requested by Avelina Bercades.

Mass Intentions: \$15.00

**Offertory Collection**

June 08 - \$588.25

Thank You

**Masses during the Week**

Wed.: 8am adoration/confession at St Michael

Thurs: confession 8.30am, mass 9am at St. Michael

Fri: confession 8.30am, mass 9am at St. Gabriel



**June 19**

**Saint Romuald:** Born into a family of the dukes of Ravenna about the year 950, Romuald founded the Camaldolse Benedictines around 1012. The congregation combined monastic community life with the solitary life of hermits. Romuald practiced austerity as a monk and travelled about Italy founding hermitages and monasteries, giving counsel to those who sought him out. In spite of an infinite desire for virtue and sanctity, his early life was wasted in the service of the world and its pleasures. Then one day, obliged by his father, Sergius, to be present at a duel fought by him, he beheld him slay his adversary. The crime made such an impression upon him that he determined to expiate it for forty days, as though it were entirely his own. For this purpose he retired to a Benedictine monastery of St. Apollinare, near Ravenna, where he became Abbot. After founding several monasteries, he laid the foundations of the austere Order of Camaldoli in Tuscany. More than one attempt was made on his life, but Divine Providence enabled him to escape from the danger. Like many servants of God, he also became the victim of calumny, which he bore in patience and silence. In his old age, he increased his austerities instead of diminishing them. After a long life of merit, he died in the monastery of Castro, which he founded in Marquisate of Ancona. He died on this day in 1027.

**June 21**

**St. Aloysius Gortzaga:** St. Aloysius was born in Castiglione, Italy. The first words St. Aloysius spoke were the Holy Names of Jesus and Mary. He was destined for the military by his father (who was in service to Philip II), but by the age of 9 Aloysius had decided on a religious life, and made a vow of perpetual virginity. To Safeguard

himself from possible temptation, he would keep his eyes persistently downcast in the presence of women. St. Charles Borromeo gave him his first Holy Communion. A kidney disease prevented St. Aloysius from a full social life for a while, so he spent his time in prayer and reading the lives of the saints. Although he was appointed a page in Spain, St. Aloysius kept up his many devotions and austerities, and was quite resolved to become a Jesuit. His family eventually moved back to Italy, where he taught catechism to the poor. When he was 18, he joined the Jesuits, after finally breaking down his father, who had refused his entrance into the order. He served in a hospital during the plague of 1587 in Milan, and died from it at the age of 23, after receiving the last rites from St. Robert Bellarmine. The last word he spoke was the Holy Name of Jesus. St. Robert wrote the Life of St. Aloysius.



**Gospel Reflection:** As difficult as it is to grasp the mystery of Trinity, it is even more difficult to grasp that God loves us enough to share divine life and glory with us. Living the paschal mystery means that we are faithful witnesses to the God within. Sometimes rather than witnessing through doing good works, we need to witness simply by appreciating ourselves and others for the wonderful gift of God's presence that we are. The readings this week challenge us to become more deeply aware of God's presence in creation, in Jesus and in ourselves. Then allow that awareness to overflow in thanksgiving and praise that gives God glory. *(Living Liturgy, p.146)*

**Bulletin Bloopers**

*Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones.*

*Scouts are saving aluminum cans, bottles and other items to be recycled. Proceeds will be used to cripple children.*

**Pope's Intentions for the Month of June**

**That the world might grow in compassion:** Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.



**Prayers for the Sick.** Please pray for the sick among our families and friends, especially Roy Campbell, Patricia Cassidy, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

GIFTS OF THE HOLY SPIRIT SERIES

Pray for the Gift of Piety:

Piety teaches us to treasure and respect life. It perfects the virtue of justice, enabling us to fulfill our obligations to God and others out of love. For example, we follow God's commandments because we love Him and our brothers and sisters, not simply because they are commandments.

According to Pope Francis, piety is at the heart of our Christian life and identity. Unfortunately, it's often misunderstood as pretending to be holy. In reality, piety is a gift of the heart expressed in authentic love. It moves us to genuinely love God like a child loves their father.

This gift empowers us to be like Jesus, calling God our Father. Through baptism and confirmation, we've become adopted sons and daughters of God. This new status gives meaning to our life, keeping us in communion with Him. As a result, we're inspired to gratitude, praise, prayer, and celebration.

Building on this foundation, piety also inspires us to reverence others. We see the image of God in everyone, and this understanding guides our relationships. Moreover, piety helps us care for ourselves as temples of the Holy Spirit. We strive to be functional members of the Church, mourning for those lost in sin, and embracing forgiveness for the sake of unity and love.

The Catechism of the Catholic Church (CCC) highlights the Gift of Piety as one of the Seven Gifts of the Holy Spirit. This gift fills us with reverence for God, makes us children of God, and helps us to pray with confidence and trust. Furthermore, the Gift of Piety is closely related to the Beatitude "Blessed are the peacemakers" (Mt 5:9), as it enables us to be instruments of God's peace and reconciliation in the world (CCC 1831).

To cultivate this gift, we can meditate on Scripture and the lives of saints. We can transform ordinary activities into services pleasing to God by doing them with extraordinary care and love. For instance, serving others with kindness and compassion can be a powerful expression of piety.

May the Gift of Piety transform our hearts and lives, enabling us to love God and others with greater depth and sincerity. As we strive to live out our faith with piety, may we become beacons of hope, love, and peace in a world that needs God's presence.

Come, Holy Spirit, pour on us your gift of piety. May we have a keen sense of all you have done for us and commit ourselves to rendering you right praise in all we think, say, and do –especially in the liturgical life we share as People of God. Amen.

### Pastoral Directory

Baptisms: Father Anthony Nwaohiri 623-3419  
 Financial Council Chair: Janne Campbell 832-4290  
 Pastoral Council Chair: Martine Messier 808-4573  
 Mass Intentions & Bulletin: Marilyn Deslauriers 222-3762  
 Pastoral Care: Suzanne Lee 832-8063  
 Advertising Ministry: Lorraine Brisson 832-3351  
 Deacon James Kubina  
 Cover Photo: Mark Brisson

EMERGENCY: [anwaohiri@gmail.com](mailto:anwaohiri@gmail.com) For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

**West Carleton Food Access Centre: (WCFAC)** Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. **Thank you for your support.**




**RE/MAX**  
 Hallmark Realty Group  
**John Roberts**  
 Direct: 613.832.0902  
 Office: 613.596.5333  
[www.jroberts.com](http://www.jroberts.com)  
[jroberts@bell.net](mailto:jroberts@bell.net)

This space could be yours.  
 Call Lorraine Brisson (613) 832-3351

Oil • Natural Gas • Propane  
**Charlie's™**  
 Heating Services  
**613 265 1428**



**INNOVATION REALTY LTD.**  
 "Living & Selling in your neighborhood"  
 Tom .. (613)850-0690 (sales Rep.)  
[tom@thebfteam.ca](mailto:tom@thebfteam.ca)  
 Tillie .. (613)612-2480 (sales Rep.)  
[tillie@thebfteam.ca](mailto:tillie@thebfteam.ca)

Life Insurance • Long-Term Care  
 Disability Income • Retirement  
  
**David Gallagher**  
 613-422-3117  
  
**Knights of Columbus INSURANCE**  
 YOUR BUILT FOR LIFE  
[David.gallagher@kofc.org](mailto:David.gallagher@kofc.org)  
[www.kofcfinance.com](http://www.kofcfinance.com)

**CONSTANCE BAY PHARMACY**  
 & PharmaChoice *Advice for Life*  
 179 Constance Bay Rd. Woodlawn, ON, K0A 3M0  
 T. 613-832-7707 F. 613-832-7767  
**Tamara Awada**  
 Pharmacist / Owner  
 Hours: Mon-Fri: 10am - 7pm  
 Sat: 10am - 3pm  
 Closed Sundays  
 • Everyday Senior's Discounts  
 • Free RX Delivery  
 • Compliance/Blister Packaging  
 • Prescriptions

**Bayview Bait & Tackle**  
 For all your fishing needs including bait, tackle and ice hut rentals  
 Please call Lex at (613) 299-3573

**LAWN CARE**  
 (T.K. GILLESPIE)  
 Residential and Commercial  
 R.R. #1, Woodlawn K0A 3M0  
 (613) 832-1168

Headaches Or Pain? Get Relief The Natural Way!  
  
**DUNROBIN FAMILY**  
**Chiropractic & Wellness**  
 Dr. Kelly Graham ☎ 613-832-3335 📍 3162 Dunrobin Rd 🌐 [dunrobinfamilychiro.ca](http://dunrobinfamilychiro.ca)

**The Point**  
 Restaurant and Bar  
 Weekly Specials - Live Music - Breakfast Sat & Sun  
 thepointlounge.ca  
 info@thepointlounge.ca  
**613-832-3013**

This space could be yours.  
 Call Lorraine Brisson (613) 832-3351

**HAPPY TIMES**  
 Now Offering Chinese & Thai  
 Canadian/Italian  
 Free Delivery (minimum order \$12.00)  
 Pick-Up - Delivery - 613-832-1888

**Constance Bay General Store**  
 115 Constance Bay Road  
 L.C.B.O.  
 Groceries & Video  
 (613) 832-0003

**JENNA SUDDS**  
 Member of Parliament for Kanata - Carleton  
 Parliament Hill Office  
 House of Commons  
 Ottawa, Ontario, K1A 0A6  
 Phone (613) 992-1119  
 Email: [jenna.sudds@parl.gc.ca](mailto:jenna.sudds@parl.gc.ca)  
 Constituency Office  
 555 Legget Drive, Suite 121  
 Kanata, Ontario, K2K 2X3  
 Phone (613) 592-3469  
 Email: [jenna.sudds@parl.gc.ca](mailto:jenna.sudds@parl.gc.ca)

Please Support our local businesses

Please Support our local businesses

**St. Gabriel's**  
**Roman Catholic Church**  
 205 Bayview Drive, RR3, Box 9, Woodlawn,  
 ON, K0A 3M0

All Welcome



Father Anthony Nwaohiri [anwaohiri@gmail.com](mailto:anwaohiri@gmail.com)  
 phone (613) 623-3419, fax (613) 623-7282  
 Web: <http://www.stgabrielparish.ca>

Deacon James Kubina [jgkubina@gmail.com](mailto:jgkubina@gmail.com)

### Weekly Eucharist

**St. Gabriel's** (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass Saturday 4:00 pm Mass  
 Sunday 9:00 am Mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

**StMStG-Live**

Confessions and Sacrament Of the Sick are also available by request.  
 Please contact Fr. Anthony directly to book an appointment.

Pastoral Directory on inside flap