

## Corpus Christi, 22 June, 2025

### Intentions:

**June 22** - In loving memory of **Lillian Cassidy**, requested by Linda Cassidy and family.

**June 27** - For the parishioners of St. Michael and St. Gabriel parishes. Mass Intentions: \$15.00

### Offertory Collection

June 15 - \$693.25.

Thank You

### Social Sunday

Today is "Coffee Sunday" so please join us in the back of the church after mass today for light refreshments and fellowship.



### June 22

**Saint John Fisher** - Born in Yorkshire in 1469, John Fisher was ordained to the priesthood when he was just 22. An eminent theologian, John sought to improve the university's academic standards and advised the hiring of Erasmus to lecture in Greek. John, Erasmus, and Sir Thomas More became great friends.

In 1504, John was made bishop of Rochester. When Henry VIII began seeking to annul his marriage to Catherine of Aragon, John defended the queen's position, refusing to sign that part of the Act of Succession of 1534 which had the effect of overriding papal authority. Henry counted this as treason. Old and sick, John Fisher was imprisoned in the Tower of London. Several months later, the pope made him a cardinal. This so angered the king that, rather than wait for his to die, Henry had John beheaded. Four hundred years later, along with his friend Sir Thomas More, John was declared a saint.

### June 24

**Nativity of Saint John the Baptist:** The birth of John the Baptist was one of the earliest feasts to be named to a particular day on the Church calendar. June 24 was chosen as it is six months before the birth of Christ. With its proximity to the summer solstice, it signifies the waning of the light, while the birth of Jesus near the winter solstice marks the coming of the light. When John was born, his parents, Elizabeth and Zechariah, called him John in accordance with an angel's instruction. In disbelief that they would have a son, Zechariah asked for a sign and was struck dumb, but with the giving of the name, his speech was restored. Luke records that he responded with the Benedictus, the great hymn of love and thanksgiving still recited in the liturgy of the hours.

**Gospel Reflection:** There is perhaps no more heart-wrenching sight than the malnourished and starving. These sights demand a response from us. We know there is food in abundance; we know we are a nation that generally overeats. We know that often the world hunger problem is tied into politics. We know all these facts. And so when we celebrate this particular feast and hear these readings we are once more prodded to respond. Our own share in God's abundant gifts to us demands that those gifts spill out for those in need. The gospel moves from the practical, tangible level to the mystery of God's abundance and excess; from our being in control to surrendering ourselves so that God provides all we need. (*Living Liturgy, p.150*)



### Masses during the Week

Wed: 8am adoration/confession at St Michael

Thurs: confession 8.30am, mass 9am at St. Michael

Fri: confession 8.30am, mass 9am at St. Gabriel



### Pope's Intentions for the Month of June

**That the world might grow in compassion:** Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.



**Prayers for the Sick.** Please pray for the sick among our families and friends, especially Roy Campbell, Patricia Cassidy, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

## Administrator's Corner

Eucharist: Bread of Life for saints and sinners.

Today, we celebrate the Solemnity of Corpus Christi, a feast that honors the Real Presence of Christ in the Eucharist. The Eucharist is the real presence of God, Jesus Christ, body and blood, in the form of bread and wine. The word Eucharist is derived from the Greek word *Εὐχαριστία* (Eucharistia), which means "thanksgiving" - it is a sacrament and a sacrifice of thanksgiving and communion.

Catholic teaching holds that the Eucharist, when validly celebrated, is truly the body and blood of Jesus and the source and summit of the Christian life. It is the source because, through the sacrifice of the Mass, we offer anew the one perfect sacrifice of Jesus at Calvary for humanity. It is the summit because, through sharing in the body and blood of Jesus, we have a foretaste of heaven while on earth, thus uniting heaven and earth.

As we reflect on this solemnity, let us consider how we can live out our devotion to Christ's Real Presence in our daily lives. The Eucharist is not just a ritual; it's a call to action. It's a reminder that we are called to be the body of Christ in the world, to bring hope, healing, and love to those around us. By participating in the Eucharist, we are nourishment and empowered to live out our faith in our daily lives.

To deepen our relationship with Christ in the Eucharist, we must prepare ourselves spiritually. This includes making a good confession. There are four things we must do to prepare well for confession. First, we must earnestly pray for grace to make good confession; secondly we must carefully examine our conscience in the light of the law of God, law of the Church and the law of the land; thirdly, we must take time and care to make a good confession; and fourthly, we must resolve by the help of God to renounce our sins, and begin a new life for the future.

Another way is by receiving Holy Communion with reverence. As we receive Holy Communion, there should be decorum. Let us remember that we are receiving Christ Himself and let us strive to live out our faith in our daily lives.

Adoration of Christ in the Blessed Sacrament is another way of our deepening our relationship with Christ in the Holy Eucharist. Here at St Michael's we have adoration every Wednesday, I encourage you to be part of it for your individual spiritual growth and blessings to our community. Further participating in Eucharistic processions and other devotions, serve others with love and compassion, and bring Christ's love and presence to our families, workplaces, and communities. By doing so, we can deepen our relationship with Christ and make his presence known in the world.

One inspiring example of total devotion to the Blessed Eucharist is Blessed Carlo Acutis. His devotion to the Holy Eucharist had a profound impact on his life and the lives of others. His love for the Eucharist deepened his spiritual life, and he grew in holiness despite his young age (15years). Carlo spent countless hours in adoration before the Blessed Sacrament, which nourished his prayer life and strengthened his relationship with God. He has this famous saying that: "the Holy Eucharist is highway to heaven".

One notable aspect of Carlo's apostolate was his use of the internet to promote devotion to the Eucharist. He created a website dedicated to documenting and sharing stories of Eucharistic miracles from around the world. Through this initiative, Carlo used modern technology to spread awareness about the Real Presence of Christ in the Eucharist and to inspire others to deepen their devotion to this sacrament.

As we celebrate this solemnity of Corpus Christi, let us renew our devotion to Christ's presence in the Eucharist. Let us strive to be more mindful of his presence in our lives and live out our faith with greater love and commitment. May the Eucharist continue to be the source and submit of our Christian life, guiding us on our journey of faith.

### Pastoral Directory

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EMERGENCY: [anwaohiri@gmail.com](mailto:anwaohiri@gmail.com) For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

**West Carleton Food Access Centre: (WCFAC)** Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. **Thank you for your support.**




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All Welcome



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### Weekly Eucharist

**St. Gabriel's** (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass Saturday 4:00 pm Mass  
 Sunday 9:00 am Mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

**StMStG-Live**

Confessions and Sacrament Of the Sick are also available by request.  
 Please contact Fr. Anthony directly to book an appointment.

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