

## 16th Sunday in Ordinary Time, July 20th, 2025

### Intentions:

**July 20** - In loving memory of **Ramon Bercades**, requested by Avelina Bercades.

Mass Intentions: \$15.00

### Offertory Collection

June 13 - T.B.A Thank You

### July 25

**Saint James:** The apostle James, son of Zebedee and brother of John the Evangelist, was a fisherman. The gospels tell us that James and John left their father and followed Jesus as soon as he called them. The brothers must have shared an impetuous temperament since Jesus refers to them as “Sons of Thunder.” Along with Peter, the brothers were particularly close to the Lord, being present at the raising of Jairus’ daughter, the Transfiguration, and in the garden of Gethsemane.

Although there is no account of his activities for some years after the Resurrection, Acts states that James was beheaded by order of Herod Agrippa, making him the first of the Apostles to be martyred. He is known as James “the Greater.” to distinguish him from the other apostle of the same name. He is a patron saint of Spain and of pilgrims.

### Masses during the Week

Wed: 8:00am adoration/confession 9am mass at St Michael

Thurs: 8:30am, confession, 9am mass at St. Michael

Fri: 8:30am, confession, 9am mass at St. Michael

### Christmas In July Bottle Drive

The St. Gabriel’s Bakers are planning the Christmas in July fundraiser coming on July 26th. Money donations can be given to Martine and Suzanne to pay for ingredients. If you want to bake some of your favourites, please see Suzanne.

We request the name and address of our gracious donor using envelope #41. Please reach me at [anwaohiri@gmail.com](mailto:anwaohiri@gmail.com) Blessings.

**Bereavement Support Group** will commence on Monday September 22nd 2025 from 2-4pm. The group will be held at St Isidore parish Hal. 1 Anyone suffering the loss of a loved one and seeking support, understanding and to learn more about the grief process is welcome. The sessions will be weekly for 6 weeks with a one month break and will resume for another 6 weeks. Please contact

Irena konopacki to register or for further information at [konopacki90@gmail.com](mailto:konopacki90@gmail.com) 613-229-0727

**Gospel Reflection:** Martha’s hospitality was made edgy because of her becoming burdened with the cooking and serving. Martha is settling to be a servant where Jesus is looking for disciples. Mary’s hospitality was gracious because she focused her attention on Jesus: “she sat beside the Lord at his feet listening to him speak.” The surprise is that Jesus affirms that the “better part” is to sit and listen—both metaphors for discipleship. The “better part” is to be a disciple! Before we can carry on the mission of Jesus as disciples, we must become disciples by sitting at the feet of Jesus listening to him. Practically speaking, this means being attentive to the Scriptures during Mass. It also means taking the time to be with Jesus in prayer—not just saying prayers but being quiet and listening to how Jesus speaks to our hearts. (*Living Liturgy, p.176*)

**Vincentian Meditation:** “Have you noticed that there is no rejection of Martha, no suggestion that she should not have been engaged in preparing the meal? Jesus merely underlines a truth that St. Luke records earlier, namely, that they are blessed who hear the word of God and keep it. He is putting emphasis on a sense of attention to the word of God, if we are to offer that service to others which is the fulfillment of the second great commandment of the law. Hearing the word of God in prayer through reflection is a condition for true selfless loving service of the body of Christ.” (*McCullen, Deep Down Things, p. 298*)



**Prayers for the Sick.** Please pray for the sick among our families and friends, especially Roy Campbell, Patricia Cassidy, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

### Pope’s Intentions for the Month of July

**For formation in discernment:** Let us pray that we might again learn how to discern, to know how to choose paths of life and reject everything that leads us away from Christ and the Gospel.

## Administrator's Corner

### Godly Hospitality: Radical Welcome That Changes Us

Last Sunday's parable of the Good Samaritan broadened our understanding of who deserves our love and care, teaching us that anyone in need is a neighbor worthy of our compassion. This Sunday's liturgy builds on this theme, highlighting the crucial role of hospitality in living out our faith. The story of Abraham welcoming the Lord God as a pilgrim by the oaks of Mamre (Genesis 18:1-10) exemplifies the kind of radical welcome that reflects God's love. Through Abraham's actions - offering food, shelter, and rest to strangers - we see unconditional acceptance, selfless service, and generosity in action.

As we reflect on Abraham's example, we're invited to consider how we can extend similar hospitality to those around us. This might involve simple yet meaningful gestures, such as inviting a new neighbor over for dinner or offering a listening ear to a friend in need. Yet, as we strive to serve others with humility and kindness, we'll inevitably face challenges that test our resolve. Practicing hospitality requires us to step out of our comfort zones, prioritize others' needs, and trust in God's provision and guidance, even when faced with time constraints, fear, or feelings of inadequacy.

The story of Martha and Mary offers valuable insights into the importance of balance in our lives. As they welcomed Jesus into their home, Martha's actions were important in serving Him, but her focus on tasks alone led her to miss the deeper significance of the moment. In contrast, Mary's choice to sit at Jesus' feet listening shows us the value of contemplation and prioritizing our relationship with God. By striking a balance between serving others and nurturing our spiritual growth, we can ensure that our actions are rooted in a deeper connection to our faith.

Our God rewards hospitality abundantly. Abraham was blessed with a son. Jesus blesses Mary and Martha that by contemplation we acquire joy in service that is pleasing to God and delights humanity.

As we reflect on these stories, let us challenge ourselves with these mind-blowing questions: How can I show hospitality to those around me, despite the challenges and obstacles I may face? How can I balance serving others with my own spiritual growth and well-being? What are some specific ways I can demonstrate kindness and compassion to others in my daily life? How can I trust God to reward my generosity and hospitality, even when I don't see immediate results? May we show kindness and hospitality to others, reflecting God's love and deepening our relationship with Him.

## Pastoral Directory

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**EMERGENCY:** [anwaohiri@gmail.com](mailto:anwaohiri@gmail.com) For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

**Lost and Found:** Periodically, please check the lost and found basket

**West Carleton Food Access Centre: (WCFAC)** Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. Thank you for your support.




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**All Welcome**



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**Weekly Eucharist**

**St. Gabriel's** (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass	Saturday 4:00 pm Mass
	Sunday 9:00 am Mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

**StMStG-Live**

Confessions and Sacrament Of the Sick are also available by request.  
Please contact Fr. Anthony directly to book an appointment.

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