

Intentions:

August 10 - For the Parishioners of St. Michael and St. Gabriel parishes.

Mass Intentions: \$15.00

Offertory Collection

July 27 - \$550.00

August 03 - \$953.00 Thank You

August 15



Assumption of the Blessed Virgin Mary: The Assumption of the Virgin Mary celebrates her being assumed - taken up body and soul - into heaven at the end of her earthly life. It began as a feast day in the Eastern Church after the Council of Ephesus (431) proclaimed Mary the Mother of God. By the 6th century, the feast celebrated Mary's Dormition, her "falling asleep," meaning her death; there are several ancient icons of the Dormition. The Western Church began to celebrate this feast around 650.

The *Assumption of the Virgin Mary* is a painting by Peter Paul Rubens, completed in 1626 as an altarpiece for the high altar of the Cathedral of Our Lady, Antwerp, where it remains.

Masses during the Week

Wed: 8:00am adoration/confession 9am mass at St Michael

Thurs: 8:30am, confession, 9am mass at St. Michael

Fri: 8:30am, confession, 9am mass at St. Michael

Bereavement Support Group will commence on Monday September 22nd 2025 from 2-4pm. The group will be held at St Isidore parish Hall. The sessions will be weekly for 6 weeks with a one month break and will resume for another 6 weeks. Please contact

Irena konopacki to register or for further information at

konopacki90@gmail.com 613-229-0727

New ministry is born, she is "Sts Michael and Gabriel helpinghand ministry". Her objective is to serve needy families periodically in a timely and confidential manner. More details will be announced soon.

The administrators can be reached at (613) 623-3419 or

stmichaelshelpinghands@gmail.com .

NOTE:

Gospel Reflection: Our "treasure" is something very valuable or our most prized possession. This gospel refers to "treasure" as inexhaustible, secure and incorruptible. This description is of the "treasure" understood as the kingdom God. Interestingly, the way to possess this treasure is *not* by possessing, but by giving away. We become *rich*, by not *having* and then refocusing our hearts on God's kingdom. If we are preoccupied by possessions, schedules, work, sports, etc., our heart is already filled with exhaustible, insecure, and corruptible matters. The challenge of this gospel is to redirect our hearts to what is our true treasure, Jesus, and then be faithful disciples. The gift is great. *Our treasure is Jesus.* (Living Liturgy, p.188)



Vincentian Meditation: "What we as Christians have to watch could be expressed in one word, and that word is *more*. We always seem to want more money, more pleasure, more power, and it is desiring *more* that can draw us away from Christ and make us unhappy people. So if we have sufficient food for ourselves, our families, and reasonable comfort in our homes, let us be content. Let us spare a thought and some money for those who, unlike us, are suffering from extreme poverty. Thus we will be able to redirect our hearts to what is our true treasure, Jesus, and then we will be faithful disciples." (McCullen, *Deep Down Things*, p. 195)

SAINTS FUN FACTS by John Sheppard

St. Clare was the foundress of the "Poor Clares", an order of nuns. After listening to St. Francis of Assisi preach, she was moved to imitate him and serve Jesus. St. Francis himself cut her hair short and gave her a rough brown robe to wear.

She and her fellow nuns wore no shoes, ate no meat, lived in a poor house and kept silent most times.

She carried the Blessed Sacrament to the walls of the convent to ward off attackers. She dropped to her knees and prayed and the attack was aborted. Her feast day is August 12th.

Prayers for the Sick. Please pray for the sick among our families and friends, especially Roy Campbell, Linda Cassidy, Patricia Cassidy, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

I TOOK JESUS TO HEART, AND STARTED SELLING MY STUFF ONLINE. REALLY?

SO... HOW'S THE ALMSGIVING GOING?

NOT TOO GOOD. SO FAR I'VE SPENT MOST OF WHAT I'VE MADE ON PACKING TAPE AND BUBBLEWRAP.

Living in Faith and Purpose:

We live in a world full of uncertainties and challenges, how can we find meaning and fulfilled life? On what can we anchor of life?

However, faith and purpose can unlock the key to a meaningful life filled with refreshing joy, contentment, and peace of mind. The Catholic Church teaches that faith is a theological virtue that enables us to believe in God and all that He has revealed to us. By faith, "man freely commits his entire self to God." As St. Augustine of Hippo beautifully puts it, "Faith is to believe what you do not see. The reward of faith is to see what you believe."

Faith is not just about keeping the faith, but also professing it, bearing witness to it, and spreading it. As St. Clement I, Pope, reminds us, "We are not justified by our wisdom, intelligence, piety, or by any action of ours, however holy, but by faith, the one means by which God has justified men from the beginning." Faith is a gift from God, and it's through faith that we can trust in His plan and promises.

Many people today, especially the young, are searching for something to anchor their lives to. Consequently, St Paul writes "how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent?" (Romans 10:14-15) Faith can be that anchor, and it's not about making things easy, but about making them possible. As Luke 1:37 says, "Faith does not make things easy, it makes them possible." By trusting in God's plan and promises, we can navigate life's challenges with confidence and hope.

Our purpose in life refers to the reason for our existence. From a biblical perspective, it means three things: identity, destiny, and divine plan. We are created in the image of God and designed to know, love, and serve Him in this life and be with Him in eternity. Living a life of faith and purpose means trusting in God's plan, even when things don't seem to be working according to plan.

It requires surrendering our desire to control situations and anchoring ourselves in God. Our faith needs regular nurturing, which can be achieved through prayer, reading God's word, joining a faith-based support group, and meditating on God's promises. By doing so, we can deepen our faith and trust in God, and experience the joy, contentment, and peace of mind that comes from living a life of faith and purpose.

Like Abraham, we will have our fair share of testing our faith. He trusted God's promises even when he did not know how they would happen. However, by trusting in God's plan and promises, we can nurture expectant faith and experience His blessings. By anchoring ourselves in faith and purpose, we can live a life filled with joy, contentment, and peace of mind. As St. Paul admonishes "Be anxious for nothing, but in everything, by prayer and petition, with thanksgiving, present your requests to God." (Philippians 4:6). By doing so, we can trust that God will guide us and fulfill His promises in our lives.

Pastoral Directory

Baptisms:	Father Anthony Nwaohiri	623-3419
Financial Council Chair:	Janne Campbell	832-4290
Pastoral Council Chair:	Martine Messier	808-4573
Mass Intentions & Bulletin:	Marilyn Deslauriers	222-3762
Pastoral Care:	Father Anthony Nwaohiri	623-3419
Advertising Ministry:	Lorraine Brisson	832-3351
Deacon James Kubina		

EMERGENCY: anwaohiri@gmail.com For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

Lost and Found: Periodically, please check the lost and found basket

West Carleton Food Access Centre: (WCFAC) Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. Thank you for your support.



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All Welcome



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Deacon James Kubina jgkubina@gmail.com

Weekly Eucharist

St. Gabriel's (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass	Saturday 4:00 pm Mass
	Sunday 9:00 am Mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

StMStG-Live

Confessions and Sacrament Of the Sick are also available by request.
Please contact Fr. Anthony directly to book an appointment.

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