

23rd Sunday in Ordinary Time, September 07th, 2025

Intentions:

September 07 - in loving memory of **Monica Young-Hall**, requested by Michael Hall.

Mass Intentions: \$15.00

Offertory Collection

August 24 - \$487.00.

August 31 - \$830.00 Thank You

Social Sunday: Today is **Coffee Sunday**, so please join us after mass today for a very special celebration in honour of Father Anthony.

September 08

Nativity of the Blessed Virgin Mary: This feast originated in the Eastern Church and was commemorated in the West as early as the 5th century. No one is certain where Mary was born, but two traditions have survived from ancient times, one naming Nazareth and the other, Jerusalem. An occasion for praise and thanksgiving, the feast celebrates Mary's personal sanctity and vocation as the mother of Jesus..

You are invited to consider Our 2 week Catholic Shrines Pilgrimage April, 2026 with Msgr. Joseph Muldoon, Holy Cross Parish, to Ireland, Northern Ireland, and Scotland. Coordinator: JBCtravel.ca Dennis@jbctravel.ca 613 581-5566, Limited number. Book early.

This Friday, 12th September at 6pm we will be having a cemetery mass venue St Michael cemetery. Please spread the news and we are all encouraged to attend.

The annual outdoor mass "Celebrating the Season of Creation" at the Naatagama Camp will be held Sept. 20th at 11:00 am (see poster at entrance).

Roster for baptism is now out. It is on the notice board. Please look at it and let others know.

St. Isidore Catholic Parish (1135 March Road) is seeking to hire a permanent, part-time Property Employee. The Employee will be responsible for the maintenance of the Parish buildings and grounds including the Parish Cemetery. For a job description, please visit the parish web site – stisidorekanata.com.

NOTE:

Gospel Reflection: In this gospel, Jesus lays out the demands of following him, the great cost of discipleship. Why is the cost of discipleship so high that we must even give up our lives? Because we follow Jesus, who gave his life. We must carry our cross, and this means the daily discipline of self-sacrifice for the sake of others. We must also renounce all our possessions, which means letting go of any thing or conduct that causes us to question discipleship or swerve us from the path of following Jesus. In human situations we calculate the cost of finishing a difficult or expensive task. So also, Jesus helps us calculate the cost of discipleship—it demands everything we are and everything we have. Jesus intends no surprises for those who choose discipleship; here's the fine print: we have to die to self if we wish to follow Jesus. (*Living Liturgy, p.204*)



Intentions Book:

You are invited to write your prayer requests in our special intentions book in the back of the church - as many and as often as you like. It is important that we verbalize in some form, our desire before God.

Prayers for the Sick. Please pray for the sick among our families and friends, especially Roy Campbell, Linda Cassidy, Patricia Cassidy, Marion Fisher, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

Pope's Intentions for the Month of September
For mutual coexistence: Let us pray that societies where coexistence seems more difficult might not succumb to the temptation of confrontation for ethnic, political, religious or ideological reasons.

Administrator's Corner

Discipleship: A Way of Life
Discipleship is the foundation of the Christian faith. It involves a deep commitment to follow and adhere to Jesus Christ's teachings. As believers, we grow in our relationship with Christ, emulating His life and teachings. The term "disciple" comes from the Greek word "mathetes," meaning learner or student. In Jesus' time, disciples would attach themselves to a teacher or Rabbi, imitating their words and way of life.

Jesus calls us to discipleship through His invitation "Follow me" (Matthew 4:19). This signifies a commitment to walk in His ways, learn from His teachings, and live out His commands. Discipleship is about building a personal relationship with Jesus Christ. We learn from Him and become more like Him over time. It's not just about behavior modification but heart transformation. This requires a deep commitment to follow Jesus.

God calls individuals to discipleship in various ways, through different vocations in the Church. These vocations include marriage, priesthood, religious life (or consecrated life), and the single life. In each of these vocations, Jesus has planted the seeds of holiness. This allows us to grow in holiness as we respond to His call.

Moreover, prayer and witness are essential components of discipleship. They form a two-fold foundation of the life of every disciple. Prayer develops our conversation with Christ, making us His intimate friends. Witness is the second part of this foundation. Each vocation has an element of witness. Some disciples witness with words in the public forum, like Saint Paul. Others, like Saint Clare of Assisi or Saint Therese of Lisieux, leave the world and in so doing witness to the transcendent.

The story of Saint Thomas More is a powerful example of discipleship. As a devoted husband, father, and Chancellor of England, he remained steadfast in his faith despite persecution. When asked to recognize King Henry VIII as the supreme head of the Church, Thomas More refused, choosing instead to stand by his beliefs. His martyrdom is a testament to the cost of discipleship and the importance of prioritizing one's faith above all else.

In addition to prayer and witness, discipleship requires further nourishment. This comes through the Word of God and Godly relationships. These help us mature in faith and become more like Christ. Jesus' expectation for His followers is clear: to become more and more like Himself. This may involve carrying our cross daily (Luke 9:23). Jesus wants His disciples to understand that they must be radically dependent upon Him. They should consider ahead of time what it will cost them to follow Him.

The sacrifices He asks us to make are for our ultimate good. They help us become whole and holy. We are freed from the destructive nature of sin and walk in step with the Spirit. According to Mike Foss, six marks of discipleship include daily prayer, weekly worship, diligent study of the Bible, service, spiritual friendships, and giving time and resources to the Lord's work.

Dear Friends, I recommend highly that we embrace daily these six marks of discipleship so that our lives may be transformed. May the joy of the Lord be your strength Amen.

Pastoral Directory

Baptisms:	Father Anthony Nwaohiri	623-3419
Financial Council Chair:	Janne Campbell	832-4290
Pastoral Council Chair:	Martine Messier	808-4573
Mass Intentions & Bulletin:	Marilyn Deslauriers	222-3762
Pastoral Care:	Father Anthony Nwaohiri	623-3419
Advertising Ministry:	Lorraine Brisson	832-3351

EMERGENCY: anwaohiri@gmail.com For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

Lost and Found: Periodically, please check the lost and found basket at the church entrance for articles you may have left behind.

Sts Michael and Gabriel helpinghand ministry: Her objective is to serve needy families periodically in a timely and confidential manner. More details will be announced soon. The administrators can be reached at stmichaelshelpinghands@gmail.com or (613) 623-3419.

West Carleton Food Access Centre: (WCFAC) Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. Thank you for your support.



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All Welcome



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Deacon James Kubina jgkubina@gmail.com

Weekly Eucharist

St. Gabriel's (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass

Saturday 4:00 pm Mass

Sunday 9:00 am Mass

Wednesday 8:00 am adoration/confession, 9am mass

Thursday 8:30 confession, 9am mass

Friday 8:30 confession, 9am mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

StMStG-Live

Confessions and Sacrament Of the Sick are also available by request.

Please contact Fr. Anthony directly to book an appointment.

Pastoral Directory on inside flap