

Intentions:
October 12 - In loving memory of **Grace Lee**, requested by Suzanne & Ludo.
Mass Intentions: \$15.00

Offertory Collection
October 05 - T.B.A. Thank You

October 17

Saint Ignatius of Antioch: Ignatius is believed to have been a convert to Christianity and a disciple of John the Evangelist. Bishop of Antioch for 40 years, he was arrested during the persecution under Trajan, condemned for confessing Christ and taken in chains to Rome. The ship in which he was sent travelled along the coast of Asia Minor and at every port crowds of Christians would greet him. While on this journey, Ignatius dictated seven letters on the Church, now counted among the treasures of early Christianity. Ignatius arrived in Rome about the year 107 and was taken directly to the amphitheatre, where lions devoured him.

Roster for baptism is now out. It is on the notice board. Please look at it and let others know.

Tuesday 14th October at 7pm at St Michael, there will be registration of children for First confession and First communion. Please help us spread the news.

Saturday 18th October at 9am there will be a mass at St Gabriel for Maryville Academy staff and students. Parishioners are welcome.

This is the time of the year when we usually start advertising our famous Fruit Pie & Tourtière fundraiser. Unfortunately, the Heavenly Pie Group won't be in a situation to fulfill its fruit pie and tourtière mandate this year for a variety of reasons. This fundraiser has raised a lot of money and has promoted our little white church among our large community. We hope to be back in action next year. The Bottle Drive Committee keeps on collecting bottles every month with great success. In order for St.Gabriel's to continue her operation, we need to have other activities and events to help with finances. If you have any great fundraising ideas, please share them with us as the next few months will be a critical time in the life of St.Gabriel's. Remember that a receipt for every donation over \$20.00 is available. Your generosity is always greatly appreciated. Thank you! Martine

Gospel Reflection: Gratitude is an expression of discipleship and a sign of God's reign. This gospel presents a foreign leper who asks for healing, obeys what is commanded, experiences healing, and then gives thanks to God. The faith that saves is the recognition that God acts in many ways on our behalf to bring us salvation. We are healed each time we come to Eucharist to give praise and thanks to God and in this act of worship we become more perfect members of the body of Christ. We are healed each time we put others ahead of ourselves and in these simple acts we strengthen our faith. We are healed each time we pause to "give thanks to God" for the many blessings of each day because by giving thanks to God we acknowledge that God has acted in Christ. By giving thanks we acknowledge our own indebtedness—we are poor and everything we are and are becoming is because God has raised us up. (Living Liturgy, p. 224)

Prayers for the Sick. Please pray for the sick among our families and friends, especially Roy Campbell, Linda Cassidy, Patricia Cassidy, Marion Fisher, Suzanne Lafontaine, Priscilla Rowley, and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

Administrator's Corner

GRATITUDE: A TRANSFORMING WAY TO SALVATION

Gratitude is a powerful transforming force that can change our lives and bring us closer to God. The word "Eucharist" originates from the Greek word "εὐχαριστία," meaning thanksgiving, highlighting the significance of gratitude in our spiritual journey.

Gratitude plays a crucial role in understanding salvation, as it transforms our perspective and relationship with God. When we recognize the gift of salvation, we respond with gratitude, acknowledging that our salvation is not based on our works but on God's grace, as emphasized in Ephesians 2:8-9, "For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast".

In his apostolic letter Novo Millennio Ineunte, St. John Paul II offers a profound point of meditation that fits perfectly into the theme of Thanksgiving celebration, Duc in altum! ("Put out into the deep!") These words invite us to remember the past with gratitude, to live the present with enthusiasm, and to look forward to the future with confidence: "Jesus Christ is the same yesterday and today and forever" (Heb 13:8).

Before Jesus said the words of consecration, he took bread and gave thanks, demonstrating the importance of gratitude in our relationship with God. The Mass is the school in which we participate in Jesus' own thanksgiving, the thanksgiving the Church makes continuously from the rising of the sun to its setting.

The healing of the 10 lepers in our gospel (Luke 17:11-19) this weekend illustrates the connection between gratitude and salvation. Only one leper returned to give thanks, and Jesus said, "Stand up and go, your faith has saved you," highlighting the link between true faith and salvation.

Developing a culture of thanksgiving helps us shift our focus from problems to God's promises. Jeremiah 29:11 reminds us, "For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future."

When we celebrate Holy Mass, we thank God for His Son's sacrifice and the gift of the Holy Spirit. Saying thanks to God, sharing our time and talents, and receiving the Eucharist are simple forms of thanksgiving we can offer in response to God's blessings.

To illustrate true thanksgiving, consider this story: On the radio, a reporter was conducting one of those man-in-the-street interviews. Out among the pedestrians he was asking, "What are you thankful for?" Some were grateful for their health. Some gave thanks because they had good jobs to provide for their families. One lady whispered in broken English, "Much happy to live in America." One man was even thankful because the doctor said he could eat all the turkey he wanted. But the most enchanting remark of all was that of a wee little girl who said, "I'm thankful I'm going to see my grandmother so I can tell her how much I love her." — Now that is really thanksgiving. It is going beyond mere "thanksgiving" and thanksgiving. It is taking your eyes off yourself and focusing on another.

Dearest friends, may we cultivate a heart of gratitude, recognizing God's goodness and faithfulness. May our thanks strengthen our faith, transform our perspective, and deepen our bond with God. May gratitude inspire acts of love and service, reflecting God's generosity. And may our lives showcase gratitude's power, drawing us closer to God and guiding us toward salvation. Amen.



Pastoral Directory

Baptisms:	Father Anthony Nwaohiri	623-3419
Financial Council Chair:	Janne Campbell	832-4290
Pastoral Council Chair:	Martine Messier	808-4573
Mass Intentions & Bulletin:	Marilyn Deslauriers	222-3762
Pastoral Care:	Father Anthony Nwaohiri	623-3419
Advertising Ministry:	Lorraine Brisson	832-3351

EMERGENCY: anwaohiri@gmail.com For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

Lost and Found: Periodically, please check the lost and found basket at the church entrance for articles you may have left behind.

Sts Michael and Gabriel helpinghand ministry: Her objective is to serve needy families periodically in a timely and confidential manner. More details will be announced soon. The administrators can be reached at stmichaelshelpinghands@gmail.com or (613) 623-3419.

West Carleton Food Access Centre: (WCFAC) Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. Thank you for your support.



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All Welcome



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Deacon James Kubina jgkubina@gmail.com

Weekly Eucharist

St. Gabriel's (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass

Saturday 4:00 pm Mass

Sunday 9:00 am Mass

Wednesday 8:00 am adoration/confession, 9am mass

Thursday 8:30 confession, 9am mass

Friday 8:30 confession, 9am mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

StMStG-Live

Confessions and Sacrament Of the Sick are also available by request.
Please contact Fr. Anthony directly to book an appointment.

Pastoral Directory on inside flap