

Pentecost Sunday, May 24, 2026

Intentions: May 24, In loving memory of **Mary and Fred Jardine**, requested by Janne Campbell.
Mass Intentions: \$15.00

Offertory Collection:
May 17 - \$459.25 Thank You.

May 29



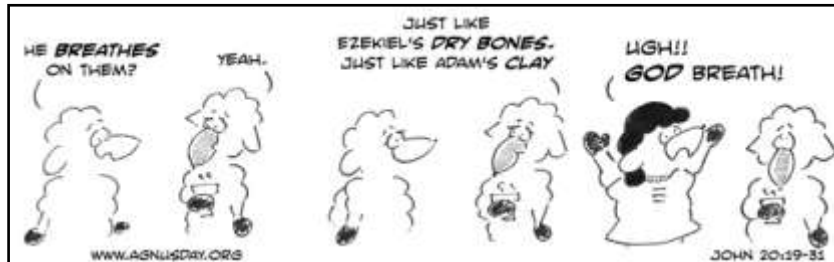
Saint Paul VI: Giovanni Battista Montini was born in 1897 in Italy. Ordained in 1920, he spent many years working in the Vatican Secretariat of State. After being named “Pro-Secretary of State” in 1952, Montini was appointed Archbishop of Milan the following year and became known as the “Archbishop of the workers.” Pope John XXIII named Montini a cardinal in 1958 and soon after announced the Second Vatican Council. During the Council, however, Pope John XXIII died. And the well-respected Montini was elected on June 21, 1963 to succeed him, taking the name Paul VI.

Committing himself to continuing the work begun by John XXIII, he continued the Council and then overcame resistance to implement reforms in the areas of liturgy, Church governance, and the attitudes of Catholics toward other religions. Though controversies surrounding ideas and encyclicals, especially 1968’s *Humanae vitae*, can be seen as overshadowing his pontificate, the reality is that Paul VI’s papacy and writings aimed constantly at working toward lasting justice and peace. He brought a message of human rights, human dignity and human development to the world. Paul VI died on August 6, 1978. He was beatified on October 19, 2014, and canonized on October 14, 2018. In his homily at the canonization of Paul VI, Pope Francis said: “Paul VI SPENT HIS LIFE FOR Christ’s Gospel, crossing new boundaries and becoming its witness in proclamation and in dialogue, a prophet of the Church turned outwards, looking to those far away and taking care of the poor. Even in the midst of tiredness and misunderstanding, Paul VI bore witness in the sationate way to the beauty and the joy of following Christ totally. Today he still urges us, together with the Council whose wise helmsman he was, to live our common vocation: the universal call to Holiness.” [sources: saltandlighttv.org and Vatican.va]



Prayers for the Sick. Please pray for the sick among our families and friends, especially for Roy Campbell, Linda Cassidy, Patricia Cassidy, Suzanne Lafontaine, Priscilla Rowley and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

Reflection: Pentecost brings Jesus’ ministry to a focus: **we** are sent to continue Jesus’ ministry, armed with the Holy Spirit and specific instructions as to what we are to do: forgive. By his ascending into heaven and sending the Holy Spirit Christ makes his mission **our** mission. It is a great miracle that God chooses to make **us** real participants in God’s plan of salvation and sharers in God’s divine life. To forgive doesn’t mean to forget; it means to restore love. This is the ministry for which the Spirit empowers us, and this is how we can live in peace. (*Living Liturgy*, p.150)



Pope’s Intentions for the Month of May: That everyone might have food: Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food.

Administrator's Corner

One Spirit, Many Gifts, One Mission

The Upper Room was locked. The disciples were afraid. Ten days after the Ascension, they were still huddled together, waiting. Then came “a noise like a strong driving wind,” and tongues of fire rested on each of them. The frightened men who fled at the Cross walked out and proclaimed Christ boldly to Jews from every nation.

That is Pentecost. And it is not just history. It is the Church’s birthday, and it is your birthday too. That’s why it’s personal. The Spirit who came then comes now to break fear and create communion. Here’s what He does.

In John 20, the Risen Christ appears and says, “Peace be with you.” Then He breathes on them: “Receive the Holy Spirit.” The same God who breathed life into Adam now breathes divine life into the Church. Fear cannot survive where the Spirit breathes. The disciples went from locked doors to open streets. The Spirit does not remove danger; He removes paralysis.

As St. Augustine wrote, without the Spirit, Christ would be in the past and the Gospel a dead letter. Pentecost reverses Babel. At Babel, pride scattered languages and divided people. At Pentecost, the Spirit gathers every nation and makes them understand one message: Jesus is Lord. Unity is not uniformity. Parthians, Medes, Romans—all heard in their own language. The Spirit does not erase difference; He harmonizes it. St. Paul in 1 Corinthians 12 explains this harmony: “There are different kinds of spiritual gifts but the same Spirit... to each the manifestation of the Spirit is given for some benefit.” The Spirit is not given for private display but for building up the Body. The eye cannot say to the hand, “I have no need of you.” Every gift matters because it comes from the same Spirit for the common good.

St. John Chrysostom reminds us that gifts are tested in charity. Prophecy without love is noise. Speaking in tongues without service is empty. Pope Francis puts it plainly: “The Holy Spirit is harmony. He creates unity in diversity.”

The final gift is mission. “As the Father has sent me, so I send you.” Jesus gives the apostles the power to forgive sins. Pentecost is not only about speaking; it is about reconciling. The Spirit creates a Church both outward to proclaim the Gospel and inward to heal what sin has broken.

St. Gregory the Great said, “The Holy Spirit is given to us not that we may remain idle, but that we may work.” The fire is not for warmth alone; it is to set the world alight with the Gospel.

So what does this mean for us now?

First, pray for the Spirit. The disciples waited with Mary before Pentecost came. We can’t manufacture the Spirit, but we can make room for Him. Pray it daily: “Come, Holy Spirit, fill the hearts of your faithful.”

Second, use your gift. You have a charism—teaching, hospitality, mercy, whatever it is. 1 Corinthians 12:7 says it’s “for the common good.” If you hide it, the body suffers.

Third, build communion. In a divided world, let your home, parish, and workplace show the Spirit’s unity. Speak to build up, not to win points.

Fourth, forgive. Jesus gave the Spirit for the forgiveness of sins. Grudges cool the fire. Mercy lets it burn.

St. Basil said: “The Spirit restores paradise to us, leads us back to the Kingdom, and gives us confidence to call God ‘Father.’” That is what we celebrate today.

The Upper Room is open. The Spirit is still blowing. Will you go out? Come, Holy Spirit. Renew the face of the earth. Begin with me.

Father Anthony

Pastoral Directory

Baptisms:	Father Anthony Nwaohiri	623-3419
Financial Council Chair:	Janne Campbell	832-4290
Pastoral Council Chair:	Martine Messier	808-4573
Mass Intentions & Bulletin:	Marilyn Deslauriers	222-3762
Pastoral Care:	Father Anthony Nwaohiri	623-3419
Advertising Ministry:	Lorraine Brisson	832-3351

EMERGENCY: anwaohiri@gmail.com For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

Lost and Found: Periodically, please check the lost and found basket at the church entrance for articles you may have left behind.

Sts Michael and Gabriel helpinghand ministry: Her objective is to serve needy families periodically in a timely and confidential manner. More details will be announced soon. The administrators can be reached at stmichaelshelpinghands@gmail.com or (613) 623-3419.

West Carleton Food Access Centre: (WCFAC) Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. Thank you for your support.



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Weekly Eucharist

St. Gabriel's (Constance Bay) **St. Michael's** (Fitzroy Harbour)

Sunday 11:00 am Mass

Saturday 4:00 pm Mass

Sunday 9:00 am Mass

Wednesday 8:00 am adoration/confession, 9am mass

Thursday 8:30 confession, 9am mass

Friday 8:30 confession, 9am mass

live streaming link on YouTube St. Michael's Mass at 9 am Sunday

StMStG-Live

Confessions and Sacrament Of the Sick are also available by request.
Please contact Fr. Anthony directly to book an appointment.

Pastoral Directory on inside flap

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