

12th Sunday in Ordinary Time, June 21, 2026

Intentions: June 21: For the parishioners of St. Gabriel & St. Michael Parishes.
Mass Intentions: \$15.00

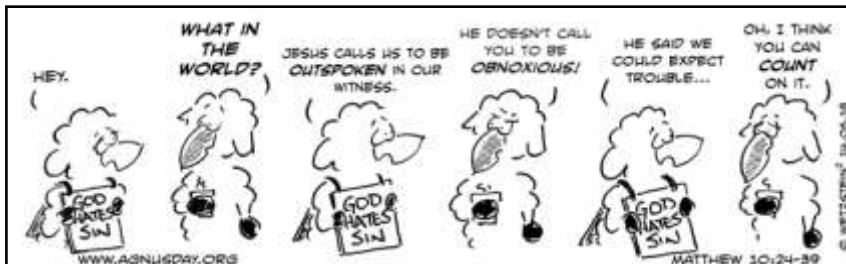
Offertory Collection:

June 14 - \$860.00 Thank You.



Reflection: The gospel speaks of the fear that the disciples would have in facing opposition. When we are compassionate—sent out to serve the poor—we also will face opposition and persecution. This doesn't mean censorship or physical hardship only. It does mean that our lives must embody the care and compassion of God. The mission of discipleship ought not be undertaken lightly, because there will also be persecution. Neither, however, ought the mission be undertaken with trepidation because God does not abandon us. (*Living Liturgy, p.176*)

Vincentian Meditation: Vincent often cautioned against “undisciplined enthusiasm,” a false zeal that springs from desire for praise or from anger. Unlike true zeal, compulsions take on a hard edge of self-righteousness or paralyzing preoccupation with self: what *I* do, rather than what *God* wants done. True zeal sets a person on fire with love of God, with the realization that all gifts and all power come from God. Thus, true zeal is humble but courageous in the face of scorn and persecution. True zeal acts with charity, not out of a desire to manipulate, or out of trendy do-goodism. Christian zeal models itself on Jesus’ zeal to proclaim the Good News of God’s love and to heal the wounds of suffering people. (*McKenna, Praying with Vincent, p.92*)



FEAR NO ONE, FOR GOD IS WITH YOU



Dearest friends in Christ, today's readings bring us into the heart of what it means to be a disciple: to walk in truth even when the world is against you, to trust in grace that is greater than sin, and to remember that we are never alone because God sees and values us.

Jeremiah speaks from a place many of us know: betrayal, mockery, and fear. “All my friends are on the watch for any misstep of mine...“Denounce him!” He was persecuted for speaking God’s word. Yet in the same breath he declares, “But the Lord is with me, like a mighty champion.” St. John Chrysostom reminds us that the prophet was not conquered by fear, because he placed his hope in God alone. Jeremiah shows us a hard reality: faithfulness does not always remove suffering, but it always brings God’s presence into the suffering.

When we are talked about, excluded, or misunderstood for doing what is right, we walk in Jeremiah’s footsteps. And like him, we can still sing, “Sing to the Lord, praise the Lord, for he has rescued the life of the poor from the hands of the wicked.”

St. Paul puts Jeremiah’s struggle, and our own, into the bigger picture of salvation history. Through Adam, sin and death entered the world. But through Christ, the gift came. “If by that one person’s transgression the many died, how much more did the grace of God and the gracious gift of the one person Jesus Christ abound for the many.” St. Augustine puts it simply: “Because of one man, we were born to die. Because of one Man, we are reborn to live forever. The fall was great, but the redemption is greater.” This is the heart of the Gospel. We are not defined by our worst moment, but by Christ’s best moment on the Cross.

Then Jesus speaks directly to us in the Gospel: “Nothing concealed will not be revealed... Do not be afraid of those who kill the body.” He calls us to courage rooted in truth. Speak it. Live it. God will vindicate. And He gives us the reason not to fear: our Father’s care. “Are not two sparrows sold for a small coin? Yet not one of them falls to the ground without your Father’s knowledge... So do not be afraid; you are worth more than many sparrows.” St. Gregory the Great says, “If God numbers the hairs of our head, He also numbers our tears. No sorrow escapes His notice.” You are seen. You are counted. You are loved beyond measure. St. Thérèse of Lisieux, who

called herself “a little sparrow,” trusted this promise: “I will not fear, for Jesus is with me. He will not forget me.”

So what does this mean for us this week? When you are afraid, remember Jeremiah. Persecution for truth is not a sign that God has left you. It is often a sign that you are close to Him. Pray his words when you feel surrounded: “The Lord is with me, like a mighty champion.”

When you are discouraged, remember Paul. Your sin is not stronger than God’s grace. No matter how deep the fall, His gift is deeper. Grace abounds all the more. When you are anxious, remember Jesus. You are worth more than sparrows. Your job interview, your family’s health, your future, your reputation, none of it is hidden from the Father. Speak the truth in love, and leave the results to Him.

Do not bury the truth out of fear. Do not doubt the power of grace. Do not think you are forgotten. May the Blessed Virgin Mary, who stood faithful at the foot of the Cross without fear, and St. Joseph, guardian of the Holy Family, pray for us that we too may sing with Jeremiah, believe with Paul, and live with the courage of Christ.

Father Anthony

Pope’s Intentions for the Month of June: : For the values of sports: Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.



Prayers for the Sick. Please pray for the sick among our families and friends, especially for Roy Campbell, Linda Cassidy, Patricia Cassidy, Suzanne Lafontaine, Priscilla Rowley and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

June 21

Saint Aloysius Gonzaga: Aloysius Gonzaga (1568-91) is a patron saint of young men. Born a prince in Lombardy, Aloysius began to practice prayer and penance at a young age, rejecting the values of his position and family. Against great resistance, in 1585 he gave up his rights as eldest son and joined the Jesuits, hoping to go to the missions. Instead, in 1591 the plague broke out in Rome, and Aloysius offered himself to serve the sick and dying in the hospital. He caught the plague and died three months later, at just 23 years old. He was canonized in 1726.



Weekly Eucharist

St. Gabriel's
(Constance Bay)

Sunday 11:00 am Mass

St. Michael's
(Fitzroy Harbour)

Saturday 4:00 pm Mass

Sunday 9:00 am Mass

Wednesday 8:00 am adoration/confession,
9:00 am mass

Thursday 8:30 am confession, 9am mass

Friday 8:30 am confession, 9am mass

Confessions and Sacrament Of the Sick are available by request.
Please contact Fr. Anthony directly to book an appointment.



Exposition of the Blessed Sacrament held at St. Michael's Parish only: You are most welcome to join us Wednesday mornings, with exposition at 8:00 am and Mass at 9:00 am

St. Michael's Live streaming link on YouTube
Sunday Mass 9 am
StMStG-Live

Lost and Found

Periodically, please check the lost and found basket at the church entrance for articles you may have left behind.

Suggestion Box

The Suggestion Box at the rear of the church is there for you to give us your observations, comments, suggestions, new fundraising ideas etc. for enrichment of our parish. **Please use it!**

Intentions Book:

You are invited to write your prayer requests in our special intentions book in the back of the church - as many and as often as you like. It is important that we verbalize in some form, our desire before God. You are very welcome to be anonymous.

Pastoral Directory

Baptisms: Fr. Anthony Nwaohiri 623-3419
Financial Council Chair: Janne Campbell 832-4290
Pastoral Council Chair: Martine Messier 808-4573
Intentions & Bulletin: Marilyn Deslauriers 222-3762
Pastoral Care: Fr. Anthony Nwaohiri 623-3419
Advertising Ministry:

EMERGENCY: anwaohiri@gmail.com For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

Lost and Found: Periodically, please check the lost and found basket at the church entrance for articles you may have left behind.

Sts Michael and Gabriel helpinghand ministry: Her objective is to serve needy families periodically in a timely and confidential manner. More details will be announced soon. The administrators can be reached at stmichaelshelpinghands@gmail.com or (613) 623-3419.

West Carleton Food Access Centre: (WCFAC) Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. **Thank you**



St. Gabriel's

Roman Catholic Church

205 Bayview Drive, RR3, Box 9, Woodlawn,
ON, K0A 3M0

All Welcome



Father Anthony Nwaohiri anwaohiri@gmail.com
phone (613) 623-3419, fax (613) 623-7282

Deacon James Kubina jgkubina@gmail.com

Web: <http://www.stgabrielparish.ca>