

## 13th Sunday in Ordinary Time, June 28, 2026

**Intentions: June 28:** In loving memory of **Lillian Cassidy**, requested by Linda Cassidy and family.

Mass Intentions: \$15.00

### Offertory Collection:

June 21 - \$1055.00

Thank You.

NOTE

**Readers:** please note that the 3rd quarter schedule for 2026 is now available at the back of the Church.

### Attention Bakers!

St. Gabriel's Summer Fundraiser on July 25

"Christmas in July"

We are in need of some baked goods for the event

Please consider baking something

Sweet, Savoury, Spicy, Sticky

See Martine for more details

**Reflection:** The heart of the paschal mystery is dying and rising. Our own daily living can sometimes seem to have much more dying than rising. Even setting aside the issue of consciously choosing self-sacrifice, just the simple demands of our lives pull it out of us: feeding the infant in the middle of the night, ferrying the kids to soccer, helping with the homework when we are dog tired, cleaning the house and preparing meals, taking time to share some good thing with a spouse, calling and visiting an aging parent, helping the suffering and the poor. One of the great encouragements of this Sunday's gospel is that all this behavior—like giving "a cup of cold water"—may seem small to us, but to God they are actions that correspond to those of Christ. The message is that our generosity is far surpassed by God's generosity. (Living Liturgy, p.188)



**Prayers for the Sick.** Please pray for the sick among our families and friends, especially for Roy Campbell, Linda Cassidy, Patricia Cassidy, Suzanne Lafontaine, Priscilla Rowley and Lorraine Stafford. *The names will remain on the list until we are otherwise advised.*

**Pope's Intentions for the Month of June:** : For the values of sports: Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

### A CALL TO PARTNERSHIP IN MISSION



In this weekend's Gospel, Jesus does not sugar-coat the cost of discipleship. He tells His apostles what to expect: there are two possible responses to those who proclaim the Gospel. Some will reject and persecute them; others will welcome and support them. Without saying it directly, Jesus asks each of us: **Which side are you on?** Will you be among those who reject God's servants, or among those who receive them with generosity? His answer is

clear: *those who welcome them will not lose their reward.*

Being an apostle or prophet is a noble and blessed calling. Yet not all of us are called to preach publicly or serve on the front lines of missionary work. The good news is that God still invites us to share in the blessings of that mission by supporting those whom He sends.

The First Reading beautifully illustrates this truth through the hospitality of the Shunemite woman. At first, she simply offered the prophet Elisha a meal whenever he passed through her town. Later, she and her husband prepared a small room for him, furnishing it with a bed, a table, a chair, and a lamp. They expected nothing in return. Although she was childless and her husband was advanced in years, she never allowed her own needs to overshadow her generosity. She simply recognized a man of God and welcomed him with an open heart. In return, God blessed her with the son she had long desired.

Jesus echoes this same principle in today's Gospel: **"Whoever receives a prophet because he is a prophet will receive a prophet's reward."** Whenever we welcome and support those who serve God, we participate in their mission. We grow in love, kindness, humility, and faith, while sharing in the fruits of their ministry. We also benefit from their prayers and spiritual support, especially those of priests, religious, and missionaries.

Supporting God's mission does not always require extraordinary sacrifices like those of the Shunemite woman. Jesus reminds us that even "a cup of cold water" offered to one of His disciples will not go unrewarded. God values not the size of the gift but the love with which it is given.

The life of St. Thérèse of Lisieux beautifully demonstrates this truth. She never travelled to the mission fields because poor health confined her to the convent. Yet today she is honoured as Co-Patroness of the Missions alongside St. Francis Xavier. Through her prayers, sacrifices, and countless small acts of love offered for missionaries throughout the world, she became a powerful partner in the Church's mission. Her life reminds us of a simple but profound truth:

**Some give to the mission by going; others go to the mission by giving.**

The question, then, is not whether we are missionaries, but **how we can become partners in the mission.** We can pray daily for our priests, seminarians, religious, and missionaries. We can support appeals that care for clergy and sustain missionary work. We can encourage God's servants with a meal, a note of appreciation, or a kind word instead of criticism or gossip. We can also offer our daily sacrifices for the spread of the Gospel.

Hospitality begins at home. It teaches our children compassion, generosity, and respect for others. It creates a culture of sharing and opens our families to people from different backgrounds and cultures. Around the family table, faith, service, and love become natural conversations.

Hospitality also strengthens our parish communities. It helps newcomers feel welcomed, deepens the bond between clergy and laity, and encourages more people to become active members of parish life. In Canadian society today, where loneliness and isolation affect so many people, simple acts of welcome become powerful signs of God's love and help build stronger, more compassionate communities. Hospitality transforms not only those who receive it but also those who offer it. By opening our hearts to others, we meet new people, gain fresh perspectives, and often discover unexpected joy in serving. Many lifelong friendships begin with one simple act of kindness.

Perhaps you may never wear the prophet's mantle, but God promises that you can still share in the prophet's reward.

This week, choose one concrete act of missionary hospitality. Pray for a priest by name. Support the mission fund. Write an encouraging note to someone serving the Church. Speak well of God's servants rather than joining in criticism. Small acts, done with great love, have eternal value.

As St. John Chrysostom reminds us: **"The house of a Christian should be a little church,"** where every guest is welcomed with dignity, kindness, and love.

Finally, let us remember the powerful words of Mother Teresa. Holding up her five fingers, she slowly pronounced each word of Jesus' teaching: **"You – did – it – to – Me."** She then added: *"At the end of your life, your five fingers will either excuse you or accuse you of 'doing it unto the least of these.'"*

May our hands always be open in welcome, our hearts generous in service, and our lives faithful partners in Christ's mission.

**Lord, make us partners in Your mission. Teach us to welcome, support, and pray for those whom You send. Amen.**

## Weekly Eucharist

**St. Gabriel's**  
(Constance Bay)

Sunday 11:00 am Mass

**St. Michael's**  
(Fitzroy Harbour)

Saturday 4:00 pm Mass

Sunday 9:00 am Mass

Wednesday 8:00 am adoration/confession,  
9:00 am mass

Thursday 8:30 am confession, 9am mass

Friday 8:30 am confession, 9am mass

Confessions and Sacrament Of the Sick are available by request.  
Please contact Fr. Anthony directly to book an appointment.



**Exposition of the Blessed Sacrament held at St. Michael's Parish only:** You are most welcome to join us Wednesday mornings, with exposition at 8:00 am and Mass at 9:00 am

St. Michael's Live streaming link on YouTube  
Sunday Mass 9 am  
**StMStG-Live**

### Lost and Found

Periodically, please check the lost and found basket at the church entrance for articles you may have left behind.

### Suggestion Box

The Suggestion Box at the rear of the church is there for you to give us your observations, comments, suggestions, new fundraising ideas etc. for enrichment of our parish. **Please use it!**

### Intentions Book:

You are invited to write your prayer requests in our special intentions book in the back of the church - as many and as often as you like. It is important that we verbalize in some form, our desire before God. You are very welcome to be anonymous.

## Pastoral Directory

**Baptisms:** Fr. Anthony Nwaohiri 623-3419  
**Financial Council Chair:** Janne Campbell 832-4290  
**Pastoral Council Chair:** Martine Messier 808-4573  
**Intentions & Bulletin:** Marilyn Deslauriers 222-3762  
**Pastoral Care:** Fr. Anthony Nwaohiri 623-3419  
**Advertising Ministry:**

**EMERGENCY:** [anwaohiri@gmail.com](mailto:anwaohiri@gmail.com) For emergencies, email this address with EMERGENCY in the subject or call the church office at 613-623-3419.

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**Sts Michael and Gabriel helpinghand ministry:** Her objective is to serve needy families periodically in a timely and confidential manner. More details will be announced soon. The administrators can be reached at [stmichaelshelpinghands@gmail.com](mailto:stmichaelshelpinghands@gmail.com) or (613) 623-3419.

**West Carleton Food Access Centre: (WCFAC)** Please remember our local Food Bank each week by donating items to St. Gabriel's grocery cart. Cash donations of \$20.00 and over will receive a tax receipt. Please include your name and address on the envelope. See Suzanne Lee if you have any questions. **Thank you**



## St. Gabriel's

### Roman Catholic Church

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# All Welcome



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